revised: 9-2-2021

**University of California, San Francisco**

**CURRICULUM VITAE**

Name: **RICHARD MARC PATEL, M.D.**

Current Position: Clinical Professor, Step 3

UCSF Department of Psychiatry

School of Medicine

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**EDUCATION**

1983 - 89 San Francisco State University (SFSU) B.A. Cum Laude, Biology San Francisco, CA B.A Cum Laude Psychology

minor Chemistry

1989 - 93 Saint Louis University School of Medicine M.D.

(SLUSM) St. Louis, MO.

1993 - 94 Stanford University Hospital, Stanford CA Intern Psychiatry

1994 - 95 Stanford University Hospital, Stanford CA Resident Psychiatry

1995 - 96 Stanford University Hospital, Stanford CA Resident Psychiatry

1996 - 97 Stanford University Hospital, Stanford CA Resident Psychiatry

**LICENSURE**

1994 - current Medical Board of California #G079939

1994 - current National Board of Medical Examiners #434779

1994 - current Drug Enforcement Agency (provided on request)

1999 - current Diplomat, American Board of Psychiatry and Neurology

2009 Passed 10-year Maintenance of Certification Examination

2019 Passed 10-year Maintenance of Certification Examination

**PRINCIPLE POSITIONS HELD**

1995 - 99 U.C.S.F. Clinical Associate Psychiatry

1999 - 05 U.C.S.F. Assistant Clinical Professor Psychiatry

2005 - 07 U.C.S.F. Associate Clinical Professor, Step I Psychiatry

2007 - 09 U.C.S.F. Associate Clinical Professor, Step II Psychiatry

2009 - 2011 U.C.S.F. Associate Clinical Professor, Step III Psychiatry

2011 - 2014 U.C.S.F. Clinical Professor, Step I Psychiatry 2015 - 2018 U.C.S.F. Clinical Professor, Step II Psychiatry

2018 - U.C.S.F. Clinical Professor, Step III Psychiatry

**OTHER POSITIONS HELD**

1984 - 89 Mt. Diablo Hospital Radiology Technician's Aid

Concord, CA

1993 - 97 Stanford University Hospital Resident Physician

1995 - now Private Practice Clinic General Outpatient Psychiatry

3340 Folsom Street, SF CA

1994 - 97 Schuman-Liles Clinic Outpatient Psychiatrist

10850 MacArthur Blvd

Oakland CA.

1996 - 98 QTC Medical Group Adult & Child Psychiatry & Neurology

Neurologic & Psychiatric Evaluations

Sunnybrook Med. Hayward, CA

Eastview Med. Oakland, CA

Midway Med. Group San Mateo CA

1996 - 02 CA Employment Dev. Dept. Independent Medical Examiner

1998 - now Court Reporting Expert Witness, Forensic Psychiatry

Preparation/Testimony

1997 - 00 North County Jail Psychiatrist, Forensic Psychiatric Ward Oakland, CA

Prison Health Services, Inc

2000 - 02 Glenn E. Dyer Jail Medical Director, Forensic Psych. Program

Oakland, CA

Telecare, Inc.

2002 - 07 UCSF/SFGH Medical Director, Crisis Resolution Team

2002 - 07 UCSF/SFGH Medical Director, Psychiatric Emergency Services (PES at SFGH)

2007 - now UCSF/SFGH Psychiatrist, City Wide Forensic CM in PES

**OTHER POSITIONS HELD cont**

2008 - 2014 Progress Foundation On-Call Psychiatrist Dore Urgent Care Clinic

2011 – now Bayside Marin Consulting Psych, Alcohol and Drug

2012 – now Age Song/Laguna Grove SF Consulting Psych, neuropsychiatric issues

2012 – now Citywide Case Management Psychiatrist, City Wide Forensic CM in PES

2012 – 2014 Westside Community Services Chief Medical Officer/Agency Med Director Westside Crisis, Westside ACT (Assertive Community Treatment), Westside Outpatient, Child & Adolescent Services,, CalWORKS, Westside Methadone Clinic

Westside HIV Counseling & Linkages

2013 – 2014 Attending Physician, Westside Methadone Clinic

2015 – now Independent Neuropsychiatric Examiner, Northern California

2015 – 2018 Pacific Institute / AgeSong Residential Facilities, Chief Medical Officer

2015 – 2018 Neuropsychiatric Consultant San Mateo County Behavioral Health

2016 – now Geriatric Psychiatry and Neuropsychiatric Consultant, City of SF/DPH

2021 - now San Francisco Police Department Crisis Intervention / Mental Health Awareness Course Instructor

**HONORS AND AWARDS**

1986 SFSU Dean's List (2 semesters)

1987 SFSU Leadership Award

1987 SFSU Dean's List (2 semesters)

1988 SFSU Creative Writing Award

1988 SFSU Leadership Award

1988 SFSU Dean's List with Distinction

1989 Tau Kappa Epsilon Alumni Scholarship

1989 SFSU Leadership Award

1989 SFSU Dean's List with Distinction

1989 - 93 SLUSM Honors: Psychiatry I, Surgery, Biochemistry lab, Biostatistics, Psych. II, Clinical Psych., Int. Med. I, Pediatrics

1991 Richard B. Irving, MD Memorial Scholarship

1989 - 90 Medical School Class President SLUSM

1992 - 93 Associate Editor Journal of American Medical

Association (JAMA) Medical Student Section

1994 Resident Psychopharmacology Research Travel Award

1995 - 97 American Psychiatric Association APA/Burroughs

Wellcome (formerly Falk) Fellowship

1996 – 97 American Psychoanalytic Association Fellowship

2008 Pillar of Academia Award

SFGH Dept. of Psychiatry award for outstanding clinical instruction

2009 Heroes & Hearts Research Grant, San Francisco General Foundation,

*Psychiatric / Medical Emergency Room Communication Project.*

2010 David Rea Award For Excellence in Training

UCSF, SFGH Department of Psychiatry

2020 Recipient of Covid-19 Warrior Award for diligent and compassion

emergency services clinical care during Covid-19 pandemic

2021 Lifetime Achievement Award for Community Service

Presented at SF 10th Annual Guacamole Festival/Competition

**KEYWORDS / AREAS OF INTEREST**

Psychiatric emergencies, community psychiatry, academic medicine, suicide, diagnosis and management of psychiatric crisis, psychosis, bipolar disorder, psychopharmacology, aggression, selective serotonin reuptake inhibitors, geriatric depression, selective attention, memory, internet medical education, medical application of computer technology, developmental disability, neurolinguistics, psychoneurolinguistics, geriatric psychiatry, neuropsychiatry, dementia.

**CLINICAL ACTIVITIES**

Attending Psychiatrist / Medical Director, Psychiatric Emergency Services (PES) at SFGH: Attended in clinic 2 - 5 days a week for the past 7 years, supervising 12 house staff, numerous fellows, medical students. Faculty at SFGH PES for 23 years.

Medical Director, Crisis Resolution Team, SFGH: 2 days a week for 5 years.

Clinical Supervisor for attending faculty, psychiatry & neurology residents, psychologists, medical students, nurse practitioners, social workers, and other professional staff.

Chief Medical Officer, Pacific Institute / AgeSong: oversight of administrative, program development, clinical service, education and direct patient care

Geriatric Psychiatry / Neuropsychiatry working in conjunction with community organizations, UCSF, and CPMC/Sutter for Geriatric and Neuropsychiatric consultation: 3 days / week x 5+ years

San Francisco Police Department Crisis Intervention/Mental Health Awareness Instructor

**SUMMARY OF RECENT CLINICAL ACTIVITIES**

Psychiatric Emergency Service at SFGH is the busiest per capita and one of the most sought after psychiatric emergency settings for training. Maintaining medical excellence while providing superior state-of-the-science academics for student and staff has led to many noteworthy advances, including the Emergency Psychiatry Grand Round Series and the design and implementation of the E.P.I.C. System (Emergency Psychiatry Information Computing System, PES eChart, is a state-of-the-art medical processing system, collecting and organizing medical and psychiatric data in a neat and coherent, clinically-driven and cost-effective manner.) Clinically, 24 hours per week I work in direct patient contact at SFGH’s Psychiatric Emergency Service (PES). Community Neuropsychiatry and Geriatric psychiatric practices in community. San Francisco Police Department Crisis Intervention / Mental Awareness Course Instructor

**PROFESSIONAL ORGANIZATION MEMBERSHIPS**

1993 - 2013 American Medical Association

1995 - now Northern California Psychiatric Association

1995 - now American Psychiatric Association

1996 - 00 American Psychoanalytic Association

1997 - 06 Association of American Physicians and Surgeons

2002 - now Association of Emergency Psychiatrists

2006 - now UCSF Associate Donor

2007 - 2011 Physicians Organizing Committee

**INVITED PRESENTATIONS/LECTURES**

1996 SYMPOSIUM: The Disturbed and Disturbing Psychiatrist

Review state of mental health in Psychiatrists.

APA annual meeting. New York City

1997 Invited Lecturer: American Psychoanalytic Assoc.

Psychodynamic Concepts in General Psychiatry

Presented at Annual Meeting, San Diego, CA

1997 SYMPOSIUM: Drug Lunches: Love ‘em or Leave ‘em?

Review impact & influence pharmaceutical

companies on psychiatric residents.

APA annual meeting. San Diego, CA

1998 Invited Lecturer: *Addiction, Obsessions and Compulsions:*

*A way out.* Motivational multimedia presentation reviewing

treatment of maladaptive behaviors and thinking patterns.

MHA&E public lecture hall. 47 New Montgomery St., SF CA.

1999 - 01 Stanford University, invited lecturer: *Psychiatric Emergencies*.

Resident and medical student seminar.

2001 California Pacific Medical Center, invited lecturer.

*Life-threatening Psychiatric Crisis* Resident & med. student seminar

2003 - 05 Citywide Outpatient Programs, invited lecturer.

*Malingering: Lies and liars* All staff, multimedia presentation

2004 Plenary discussion with SF case management services

*The Psychiatric Treatment of Malingering*

2004 Psychiatric Grand Rounds, St. Luke’s Hospital SF CA

*Detecting & Treating the Suicidal Patient in the ER*

2005 NAMI Evening Lecture: *What happens in the Psychiatric ER?*

2005 San Quentin Prison Forensic Psychopharmacology Lecture

# Pharmacologic Treatment of Psychotic Agitation

2005 John Muir Medical Center Psychiatric Grand Rounds

*Treatment of Agitation* All staff, multimedia presentation

2006 Grand Rounds: UCLA Kern & UCLA Olive View

*Pharmacologic Treatment of Bipolar Spectrum Disorders*

2006 San Mateo County Psychiatric Residency Program Grand Rounds

*Treating the Severely Agitated Patient*

2006 San Mateo County Outpatient Psychiatric Clinic Lunch Lecture

*Understanding the CATIE trial*

2006 Grand Rounds: San Francisco General Hospital PES

*Seclusion & Restrain Update*

2006 Medicine Grand Rounds: Heritage Oaks Hospital Sacramento CA

*Psychopharm. Treatment of Bipolar Affective Disorder*

2006 Teleconference SYMPOSIUM

*Atypical Antipsychotic Usage in Bipolar Affective Disorder*

2006 Psychiatric Grand Rounds: Sequoia Hospital, Redwood City CA

*Understanding the Emergent Treatment of Bipolar Affective Disorder*

2006 Luncheon plenary: Central Mental Health in San Jose, CA

*Update: Emergency Psychiatr*

**INVITED PRESENTATIONS/LECTURES cont**

2006 Grand Rounds: St. Francis Hosptial, SF CA

*Emergency treatment of manic episodes*

2006 National Conference: St. Regis Hotel SF CA

*Adverse Effects of Atypical Antipsychotics*

2006 Nursing Grand Rounds: Mission Oaks Hospital, Los Gatos CA

*Suicide Assessment*

2006 UCSF Expert Panel Discussion

*Covert Administration of Medications in the Emergency Room*

2007 Grand Rounds: San Francisco General Hospital PES

*Seclusion & Restrain Update*

2007 Lunch plenary: Sequoia Hospital, Redwood City CA

*The Acute Treatment of Bipolar Affective Disorder in the ER*

2007 Grand Rounds: Dominican Hospital, Santa Cruz CA

*Update: Emergency Psychiatry*

2007 Plenary discussion: San Jose VA Medical Center

*The Metabolic Syndrome*

2007 Grand Rounds: San Francisco General Hospital PES

*Seclusion & Restrain Update*

2007 Medicine Grand Rounds: Sutter Medical Center Santa Rosa

*Dx & Treating Bi-Polar Patients in Primary Care Settings*

2007 Grand Rounds: Good Samaritan Hospital, Santa Clara

*Update: Advances in Emergency Psychiatry*

2007 Nursing Grand Rounds: Valley Medical Center, San Jose CA

*Assessment of Danger: evaluating Suicide and Homicide*

2007 Plenary luncheon: Mission Mental Health, SF CA

*Update Emergency Psychiatry*

2007 Key Note Speaker RN SYMPOSIUM

*Common Diagnosis and Treatments in Emergency Psychiatry*

2007 Grand Rounds: El Camino Hospital, Mt. View CA

*Prevention of Assault, Seclusion and Restraint*

2007 Nursing Grand Rounds, Fremont Hospital

*Update: Advances in the Treatment of Bipolar Affective Disorder*

2007 Plenary luncheon: Mission Mental Health, SF CA

*How to Avoid the use of Seclusion and Restraint*

2008 Plenary discussion: California Pacific Medical Center

*Treatment of the Violent Patient*

2008 Psychiatric Psychopharm. Grand Rounds, SFGH

*Comparison of IM Antipsychotics in the treatment of agitation*

2008 Plenary Psychiatric Emergency Service SFGH

*Comparison of IM Antipsychotics in the treatment of agitation*

2008 San Francisco NAMI Special Event

*Modern Advances & Regressions in Public Health Psychiatry*

**INVITED PRESENTATIONS/LECTURES cont**

2008 Expert Advisor Board *Insights on Schizophrenia & Bipolar Disorder*

Salt Lake City, UT Conference Grand American Hotel

2008 Dinner Lecture Series: RAMS Community Psychiatric Clinic

*Update Acute Treatment of Schizophrenia on the Inpatient Unit*

2008 Mediator of Community Expert Advisory Panel

*Schizophrenia, Bipolar Disorder & Atypical Antipsychotics:*

*what factors are involved in the medications we choose?*

2009 Dinner Lecture Series: California Pacific Medical Center / OMI outpatient

*Schizophrenia: a Roadmap through the Clinical Psychopharmacology of Atypical Antipsychotics*

2009 Paper presentation: *Psychosis and Community Violence by Patients Evaluated in Psychiatric Emergency Services,* American Psychological Association Annual Convention, Toronto, Canada.

2009 NAMI Lecture at St. Mary’s Cathedral *SF Public Mental Health: outpatient conservatorship, compliance issues, and compassionate care*

2010 Psychiatry Grand Rounds: San Francisco General Hospital

*The Neuropsychiatry of Poetry*

2010 Nursing Lecture Series, San Francisco General Hospital

*Suicide Risk Assessment*

2010 Nursing Lecture Series, San Francisco General Hospital

*Violence Assessment and Management*

2010 Plenary Dinner Program: Community Mental Health Providers

*Atypical Antipsychotics: how to decide.*

2010 Memory and Aging Center Grand Rounds, UCSF

*Neuropsychiatry of Poetry: a survey of neurolinguistics*

2010 Psychiatry Grand Rounds: San Francisco General Hospital

*Looking in the Gift Horse’s Mouth: gift giving in psychiatry*

2011 *The Abnormal Psychology of Psychopharmacology.* Invited lecturer:

California CMFT meeting, Davies Hospital, SF, CA

2011 *Intern Symposium-Tools for Private Practice.* Keynote speaker:

California CMFT meeting, Davies Hospital, SF, CA

2012 Hosted Presentation: Practice and Science of Mindfulness and Compassion Meditation, with P. Goldin, PhD, Psychology, Stanford U., San Francisco, CA

2013 Case Conference PES, SFGH: Temporal Lobe Psychosis: a case of Medial Temporal Sclerosis without seizure, presented 1-16-13

2013 Community Psychiatrist Focus Group: Effective Community Care. Richardson Apartments 365 Fulton St. 1-30-13

2013 Psychiatry Grand Rounds, Westside Community Services

*Recognition and Treatment of Bipolar Spectrum Disorders*

2013 Psychiatry Grand Rounds, Westside Community Services

*Psychosis I: history, theory, causes and neurophysiological etiologies*

2013 Psychiatry Grand Rounds, Westside Community Services

*Psychosis II: clinical presentations, evaluation and treatment*

**INVITED PRESENTATIONS/LECTURES cont**

2013 Psychiatry Grand Rounds, Westside Community Services

*Suicidal Patients: what they are communicating to us.*

2013 Psychiatry Grand Rounds, Westside Community Services

*Psychometrics*

2013 Psychiatry Grand Rounds, Westside Community Services

*Looking in the Gift Horse’s Mouth: gift giving in psychiatry*

2014 Counseling 690, Master’s Program Lecture at SF State University

*The Interface Between the Psychiatrist and the Therapist*

2014 Pacific Institute PsyD/Intern Lecture Series,

*General Geriatric Psychopharmacology*

2015 Moderator, AgeSong Biomedical Convention: Beyond Labeling in Dementia. *Geriatric Neuropsychopharmacology and Treatment Update*

2015 Pacific Institute PsyD/Intern Lecture Series,

*Depression and Antidepressants*

2015 Pacific Institute PsyD/Intern Lecture Series,

*Multidisciplinary Team Communication: Between therapist and M.D.*

2015 San Bruno Co. Jail Deputy Psychiatric Training

*Recognition and Assessment of the Psychiatric Inmate*

2016 Pacific Institute PsyD/Intern Lecture Series,

*Dementia: Practice and Principles*

2016 Psychiatry Grand Rounds: San Francisco General Hospital

*The Historical, Evolutionary, Developmental, Neurophysiologic, Sociologic & Spiritual Aspects of Humor: or Why Humor is Funny*

2016 Pacific Institute PsyD/Intern Lecture Series

*The Historical, Evolutionary, Developmental, Neurophysiologic, Sociologic & Spiritual Aspects of Humor: or Why Humor is Funny*

2016 Pacific Institute PsyD/Intern Lecture Series

*Neuropsychiatric Assessment: Basic Principles*

2016 Pacific Institute PsyD/Intern Lecture Series

*Dementia: Diagnosis and Treatment*

2016 Pacific Institute PsyD/Intern Lecture Series

*General Principles of Geriatric Psychopharmacology*

2017 Pacific Institute PsyD/Intern Lecture Series at AgeSong University

*Treatment of Behavioral Problems in Dementia*

2017 Pacific Institute PsyD/Intern Lecture Series at Woodpark, Oakland

*Non-pharmacologic Treatment of Behavioral Problems in Dementia*

2017 Pacific Institute PsyD/Intern Lecture Series at AgeSong University

*Progression of Dementia by Sub-type*

2017 Psychiatry Grand Rounds: San Francisco General Hospital

*Building Bridges with Patients who have Burned all of Theirs*

2018 Silicon Valley Health Institute: Invited Lecturer, *The Science of Why Humor is Funny, the Functions of Humor and Laughter*

2020 Community Lecture & Film: *Dissection of* the Hands of Orlac: *Psychological Analysis of the Self in Gothic Film*

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding and Managing Mental Health Emergencies*

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Paranoid, Schizoid & Schizotypal Personality Disorders*

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Avoidant, Dependent, Obsessive-Compulsive Personality Disorders*

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Anti-Social, Borderline, Histrionic, Narcissistic Personality Disorders*

2021 San Francisco Police Department Crisis Intervention / Mental Health Awareness Course Instructor *10-20 lectures per year*

2022 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding and Managing Mental Health Emergencies*

2022 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Paranoid, Schizoid & Schizotypal Personality Disorders*

2022 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Avoidant, Dependent, Obsessive-Compulsive Personality Disorders*

2022 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Anti-Social, Borderline, Histrionic, Narcissistic Personality Disorders*

2022 San Francisco Police Department Crisis Intervention / Mental Health Awareness Course Instructor *10-20 lectures per year*

**CME COURSES ATTENDED (2013-2017)**

Westside Community Services 11th St Community Psych. Lecture Series (12 CME credit)

Westside Community Services Child & Adolescent Clinical Training Lecture Series

SFGH Psychopharmacology Grand Rounds (12 CME credits)

SFGH Psychiatric Emergency Service Grand Rounds (24 CME credits)

UCSF Child and Adolescent Grand Rounds (4 CME credits)

AMA Pain Management on-line modules (8 CME credits)

UCSF 43th Annual Advances and Controversies (developmental delay, 4 CME credits)

Various Journal Exam/Courses (10+ CME credits)

Resident UCSF/SFGH Psychiatric Grand Round/Courses (10+ CME credits)

**UNIVERSITY SERVICE & PUBLIC SERVICE**

**UNIVERSITY SERVICE**

2009 - now SFGH Department of Psychiatry Grand Rounds / CME Committee

2006 - 07 UCSF Department of Psychiatry CME Committee

2006 Developed SFGH Psych. Condition Yellow & Red Emergency Plans

2007 Violence Reduction Task Force Chair, Emergency Services Committee

2008 Founded the Pillar of Academia Award

SFGH Dept. of Psychiatry award for outstanding clinical instruction

2010 – now Teach Psychiatry 110 Core Clerkship for UCSF Medical School

2011 Founded the Clinical Service Award in PES

SFGH Dept. of Psychiatry award for outstanding clinical work

2019 – now UCSF/SFGH Psychiatric Resident Training Committee

**PUBLIC SERVICE**

1985 - 88 Organized annual SF run "Lake‑A‑Thon" for United Cerebral Palsy

1986 - 88 Worked Shelter, served Thanksgiving dinner St. Anthony's dining room

1993 Volunteer at Hupa Indian Reservation clinic,

general medicine

1990 - 93 Aided in organizing the National Kidney Foundation of

Eastern Missouri's Physician's Pheast annual fundraiser

1995 - 96 APA student representative, Council On Aging

1995 - 05 Healing Environments: SF non‑profit, improving the lives

of the terminally ill. Neuropsychiatric advisor

1997 - 05 Maitri Hospice: Residential facility for people living

with AIDS. Medical/Psychiatric advisor.

2004 - 07 Project Homeless Connect Volunteer

2005 Organized “Fashion Ball” benefit/fundraiser for

San Francisco General Volunteer Services

2005 Organized Halloween benefit/fundraiser for San Francisco

General Volunteer Services & Psych. Emergency Service

2005 - 07 San Francisco EMS Committee

2005 Prop. 63 Family Advisory Committee, SF CA

**UNIVERSITY SERVICE & PUBLIC SERVICE cont**

2005 Organized benefit/fundraiser, McMillian Drop-in Center

For detoxification and treatment of substance abuse

2005 Organized “School of Party” benefit/fundraiser for

San Francisco General Hospital Child Psychiatric Services

2006 S Hicks, J Alvidrez, **R.M. Patel.** , Hospital or Home:

Ethnic Differences in Disposition from Psychiatric

Emergency Service. Study and SFDPH Report

2006 “Laughter is the Best Medicine” comedy/jazz benefit/fundraiser

for SFGH Volunteer Services & vocational rehabilitation programs

2006 - now Developed SFGH Psychiatry Volunteer & Vocational

Rehabilitation Book Cart & Patient Library Resources

2006 Organized Fundraiser for Crisis Resolution Team CM Food Bank

2006 Organized “Bluestocking” literary arts benefit/fundraiser

for San Francisco General Hospital Volunteer Services

2006 San Francisco System-Wide Psychiatric Diversion Plan Committee

2006 DPH Development & Implementation of Psychiatric EMS

2007 Organized Halloween Costume Benefit/fundraiser for SFGH

Free Clothes Cart Volunteer Programs

2007 Organized Benefit/fundraiser Janet Polmeroy Center for Dev. Delay.

2007 *World of Wildlife*, organized reception for Wildlife Conservation Network

2008 Playground Party/Benefit for The Painted Turtle: camps for children with life-threatening illnesses. Member of Hole-in-the-Wall Camps.

2008 - now Editor in Chief, *Psychologic Poems: Journal of Outsider Poetry.*

2008 Organized/Hosted Benefit for San Quentin Prison Reentry Program &

SF General Hospital Forensic Psychiatric Ward

2009 Harvard Alumni Club, SF, Hosted Lecture for Wildlife Conservation Network, *Venture Capital Approach to Saving Endangered Species*

2009 Global Micro-Clinic Project, Hosted Lecture/Fundraiser

*Organizing small specialty medical clinics in Pakistan, India, & Kenya*

2009 Organized Halloween Costume Benefit/fundraiser for SFGH

Free Clothes Cart Volunteer Programs

2010 - now Board of Directors, non-profit SFSMILES promoting local fundraising of:

St Anthony’s, SF Food Bank, Hamilton Family Center, Home Away,

La Casa De Las Madres, Give Shoes, Wardrobe, Protect the Night

2010 Sponsor/Host Post-lecture event with E. Fuller Torrey & Physician’s Organizing Committee promoting local Laura’s Law in San Francisco

2010 Maitri Hospice: Residential facility for people living with AIDS. Medical/Psychiatric advisor.

2010 Organized Halloween Costume Benefit/fundraiser for SFGH Psychiatry

vocational rehabilitation and volunteer programs

2011 Public Works Mission United, community based benefit for SFGH Psychiatry vocational rehabilitation and volunteer programs

**UNIVERSITY SERVICE & PUBLIC SERVICE cont**

2011 Organized/hosted lecture for SF Bay Area ACBS Chapter on Acceptance and Commitment Therapy & Relational Frame Theory

2011 Organized/hosted benefit, for Emergency Room Case Management (EDCM) at SFGH aiding chronically medically ill.

2011 Organized/co-hosted fundraiser for Rapha House, Cambodia, an NGO aiding sex workers / trafficking survivors improve their lives

2012 Organized Halloween Costume Benefit/fundraiser for SFGH Psychiatry

vocational rehabilitation and volunteer programs

2013 UCSF Community Psychiatry Fellowship: Development Westside Community Services Outpatient Site

2013 Westside Community Services 11th St Community Psych. Lecture Series 2013 Westside Child & Adolescent Clinical Training Program Lecture Series

2013 Site Supervisor for UCSF Medical Student Training/Rotation at Westside

2013 Organized/Moderated Cultural Dialogues Program Westside Community Services

2013 Organized/Supervised African American Male Support Groups at Westside Community Services

2013 Organized Halloween Costume Benefit/fundraiser for SFGH Psychiatry

vocational rehabilitation and volunteer programs

2014 Executive Board of Directors, Pacific Institute, non-profit, oversee care at Age Song SF, Oakland, Emeryville, SF Laguna Grove elder care facilities

2014 Organized Luche Libre Benefit/fundraiser for SFGH Psychiatry, Westside Community Services & SFSMILES voc. rehab. & volunteer programs

2014 Elected Secretary of Exec. Board of Directors, Pacific Institute / AgeSong

2014 Organized Halloween Costume Benefit/fundraiser for SFGH Psychiatry

vocational rehabilitation and volunteer programs

2015 Moderator and Assistant Organizer of “The Guru Project” SF area lectures focusing on needs-driven treatment rather than medications in the elderly.

2015 Organized Halloween Costume Benefit/fundraiser for SFGH Psychiatry

vocational rehabilitation and volunteer programs

2016 Organized Halloween Costume Benefit/fundraiser for SFGH Psychiatry

vocational rehabilitation and volunteer programs

2016 Organized Benefit/fundraiser for Syrian Refugees

Collateral Repair Project, Brooklyn, NY

2017 Organized Halloween Costume Benefit/fundraiser for SFGH Psychiatry

vocational rehabilitation and volunteer programs

2017 Organized Benefit/fundraiser for Syrian, Iraq, Sudanese and Somalian Refugees with the Collateral Repair Project, Brooklyn, NY

2018 CA Worker’s Comp Pod Cast/RateFast: The Opioid Crisis, Use verses Dependence: an Expert’s Perspective. <http://blog.rate-fast.com> 06/25/2018

2019 – now UCSF/SFGH Psychiatric Resident Training Committee

2018 Organized Halloween Costume Benefit/fundraiser for SFGH Psychiatry

vocational rehabilitation and volunteer programs

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding and Managing Mental Health Emergencies*

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Paranoid, Schizoid & Schizotypal Personality Disorders*

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Avoidant, Dependent, Obsessive-Compulsive Personality Disorders*

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Anti-Social, Borderline, Histrionic, Narcissistic Personality Disorders*

2021 Board of Directors, non-profit San Francisco Institute of Possibility promoting local fundraising and creative arts in San Francisco

2021 San Francisco Police Department Crisis Intervention / Mental Health Awareness Course Instructor

**SUMMARY OF SERVICE ACTIVITIES**

My Public and University Service activities have largely focused on fundraising for desperately needed health care and quality of life services in our community. During any year I organize and host a series of fundraisers toward organizations such as: the Global Micro-Clinic Project treating diabetes and HIV/AIDs in Pakistan, India, the middle-East and Kenya; the Janet Polmeroy Center for patients with developmental delay; the Painted Turtle camps for children with life-threatening illnesses; the volunteer and vocational rehabilitation organizations at SFGH; the SFGH Book Cart program delivering material to staff and patients throughout the hospital; the SFGH Child Psychiatry program providing school supplies to poor and homeless children; as well as providing funds for local food banks. I am very interested in community education and have participated on the UCSF CME committee as well as given numerous lectures to NAMI, Healing Environments Hospice, the SF Dept. of Public Health, as well as other community and University organizations.

Continuing my outreach to the psychiatric and university communities I have initiated a series of publications. *Psychological Poems* a journal of outsider poetry, giving expression to the experiences of those afflicted with severe psychiatric illness.

**TEACHING**

2001 - 02 Instructor, Emergency Psychiatry Lecture Series

Q2wk lecture for physicians, staff, residents, medical students

2002 - now Instructor, San Francisco Police Department

Police Training, mental illness awareness program

2002 - 07 Lecturer, SFGH Psychosocial Medicine

Concepts, Diagnosis & Treatment of Psychosis (4 CME Series)

2003 SFGH Psychiatry Psychopharmacology Seminar Series

*Assessment and Treatment of Alcohol Delirium vs. Alcohol Withdrawal*

2003 - now Mobile Crisis Interns, supervision / instruction CRT/PES

2003 - 07 Crisis Resolution Team Lecture Series

Outpatient case series focusing on diversity and underserved populations

2003 - 07 Emergency Psychiatry Grand Rounds

Qwk Grand Rounds, AMA PRA category 1 credits (40 total)

2004 - 06 Integrated Medicine Grand Rounds

2006 - now Neuropsychiatry Rotation for Neurology Residents

Faculty Supervising Neurology Residents in Psychiatric Emergency

2010 – now Instructor Psychiatry 110 Core Clerkship UCSF Medical School

2012 - 2016 PES Monthly Clinical Case Presentation Series

2013 - 2015 Westside Community Services 11th St Community Lectures series 2013 - 2015 Westside Child & Adolescent Clinical Training Program

2013 – 2016 Site Supervisor for UCSF Medical Student Psychiatry Rotation at Westside Community Sevices

2013 – 2016 Site Director for UCSF Community Psychiatry Fellowship Program at Westside Community Services

2016 – now Site Director and Clinical Instructor, Clinical Psychology Training Program at UCSF/ZSFG PES

2015-2017 Site Director and Clinical Instructor, Clinical Psychology Geriatric Fellowship Training Program at Pacific Institute

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding Managing Mental Health Emergencies*

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Paranoid, Schizoid & Schizotypal Personality Disorders*

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Avoidant, Dependent, Obsessive-Compulsive Personality Disorders*

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer, *Understanding & Managing Anti-Social, Borderline, Histrionic, Narcissistic Personality Disorders*

2021 San Francisco Police Department Crisis Intervention / Mental Health Awareness Course Instructor

**INFORMAL CLINICAL TEACHING/SUPERVISION/MENTORING**

2003 - 07 Attending Rounds Psychiatric Emergency Services

2005 - 06 Psychiatric Resident Video Interview with live patient

2005 - 07 Supervising Neurology Residents in Neuropsychiatry Rotation

2003 - 07 Clinical supervision social workers CRT / PES

2003 - 07 Clinical supervision and instructing nurse practitioners PES

2003 - 07 Medical Emergency Room Consultation, Medical & ER residents

2003 - 07 Clinical consultation, Psychosocial Medicine Clinic SFGH

2003 - 07 SMART Training, all staff

2003 - 07 Diversity Training, all staff

2003 - 07 Diabetes Standards of Care Training, all staff

2003 - 07 Psychotherapy Supervisor MFTs, social workers

2003 - 07 RAMS Fellow Clinic Supervisor in CRT

2003 - 08 Clinical supervision Psychology Fellows in PES

2003 - 08 Resident Psychiatric Emergency Room mentor

2012 - 13 Hosted Presentation: Practice and Science of Mindfulness and Compassion Meditation, with P Goldin, PhD, Stanford Univ.

2013 - 16 Oversee Westside Community Services major teaching programs, 11st Street Adult Psych and Oak Street Child Psych weekly lecture series as well as bi-monthly Case Conferences in each division.

2015 - current Site Director and Clinical Instructor, Clinical Psychology Geriatric Fellowship Training Program at Pacific Institute

Four major groups of students I instruct:

1. Clinical supervision and teaching to the PG1 psychiatry residents, each spending three + weeks in PES.
2. Clinical supervision and teaching of 4th year medical student clerks, spending 4-8 weeks in PES.
3. Clinical supervision and teaching of pre- and post-graduate clinical psychologists from the UCSF Psychology Training Service. Each Fellow spends four months at 40% time in PES.
4. Site Director and Clinical Instructor, Clinical Psychology Geriatric Fellowship Training Program at Pacific Institute (1-12 students, 1-4 hours/week)

Supervise one to three trainees/week, 6 hours of face-to-face observation and supervision.

**SUMMARY TEACHING**

2007 -2008 **400+ hours total hours** of teaching

Formal class or course teaching hours: **10 - 20 hrs/yr**

Informal Clinical hours: **300 hrs/yr**

Mentoring hours: **20 hrs/yr**

2008 -2009 **400+ hours total hours** of teaching

Formal class or course teaching hours: **10 - 20 hrs/yr**

Informal Clinical teaching hours: **300 hrs/yr**

Mentoring hours: **20 hrs/yr**

2009 -2020 **400+ hours total hours** of teaching

Formal class or course teaching hours: **10 - 20 hrs/yr**

Informal Clinical teaching hours: **300 hrs/yr**

Mentoring hours: **20 hrs/yr**

2008- current Instruct Psychiatry 110 Core Clerkship for UCSF Medical School

2021 Community Paramedic Crisis Response Team Training: Invited Lecturer,

2021 San Francisco Police Department Crisis Intervention / Mental Health Awareness Course Instructor

**TEACHING NARRATIVE**

Although I give number of formal didactics lectures to faculty, community physicians, psychiatric and neurologic residents, medical students, psychology fellows, nurses and other disciplines as part of my schedule, my in hospital teaching is largely case-driven at the bedside. Bedside teaching focuses on psychopathology, pharmacology, interviewing techniques, diagnosis and treatment planning. I observe interviews by students, residents, psychology fellows, and give board-style evaluations of these interviews. I also instruct neurology residents who rotate through the Psychiatric Emergency Services. My goal is to give these students the concepts and missions of Emergency Psychiatry, as well as reviewing the legal and ethical dimensions of involuntary treatment, problems and issues in crisis management and community psychiatry. Community Paramedic Crisis Response Team Training, San Francisco Police Department Crisis Intervention / Mental Health Awareness Course Instructor

**TEACHING AIDS**

2013 – now Telecast of SFGH Dept of Psychiatry Grand Rounds to Westside Community Services—webcast hosted multisite Tuesday at Noon.

2011 - now Peer Reviewer, *Western Journal of Emergency Medicine*

2011 Peer Reviewer, *Academic Psychiatry*

2009 Reviewed design of handheld computer application “Panic Control” mobile application for immediate assistance of anxiety and panic episodes.

2009 Heroes & Hearts Research Grant, San Francisco General Foundation

*Psychiatric / Medical Emergency Room Communication Project.*

Development of the Emergency Psychiatry Information Computer System

Development PES Lecture room and The Pillar of Academia a rotating PES medical science poster display.

**TEACHING AIDS cont**

**R.M. Patel,** R. Miller. Crisis Phone Manuel & Medical Advocacy Information

Training manual for San Francisco Women Against Rape (SFWAR) 2008

**R.M. Patel.** How Internet is altering medical journalism and education: a survey and discussion, Acad Psychiatry 25:3, 2001.

Glick ID, Berman EM, Clarkin JF, Rait DS, (ed) **Patel RM** Textbook of Marital and Family Therapy, 4th ed. American Psychiatric Press, inc., Wash. D.C. 2000

**R.M. Patel.** "Family Life in Historical and Sociological Perspective" Ch. 2 in Textbook of Marital and Family Therapy, 4th ed. Am Psych. Press, inc. 2000

**R.M. Patel.** "Separation and Divorce" Chapter 21 in Textbook of Marital and Family Therapy, 4th ed. American Psychiatric Press, inc., Wash. D.C. 2000

**TEACHING AWARDS**

2010 David Rea Award For Excellence in Training UCSF,

SFGH Department of Psychiatry

2009 2009 Heroes & Hearts Research Grant, San Francisco General Foundation

*Psychiatric / Medical Emergency Room Communication Project.*

2008 Pillar of Academia Award

SFGH Dept. of Psychiatry award for outstanding clinical instruction

**JOURNALISM**

1988 - 89 Editor/Writer, SFSU News Science Section

1989 ‑ 93 Editor in Chief, TAPAS magazine.

American Medical Student Journal of creative writing and art

1992 - 93 Associate Editor, Journal of American Medical Association (JAMA) Medical Student Section, PULSE

1992 Pulse. Organized Nov. 1992 Psychodynamics issue

co‑authored numerous articles & editorials.

1994 Representative, Northern California Psychiatric Society

1993 - 94 Advising Editor, The Psychiatric Resident

2000 - 02 Chief Editor, Journal of Health Care On Line

2004 - now Psychiatric Editor, Cogent Medicine. Web Journal Review

2008 - now Editor in Chief, *Psychological Poems: Journal of Outsider Poetry.*

Poetry and short stories by those with mental illness

2011 **R.M. Patel** . The Abnormal Psychology of Psychopharmacology, Northern California CMFT Newsletter, Feb. 2011

2011 Peer Reviewer, *Academic Psychiatry*

2011 - now Peer Reviewer, *Western Journal of Emergency Medicine*

**NEWSPAPER / MEDIA BROADCASTS**

2003 City Visions, radio show “Depression and Suicide:

Growing Trends in Society?” KALW 91.7, broadcast Aug. 18.

2003 City Visions, radio show “Repression verses Expression:

does talk therapy help?” KALW 91.7, broadcast Sept. 29

2004 KTVU San Francisco Channel 2 10 O’clock News

Television interview regarding patient treatment status-post

suicide attempt. Broadcast April 9th.

2004 San Francisco Chronicle, Article educating public on

SFGH Psychiatric Emergency Services Published 6/2004 On-site liaison assisting reporter Julian Guthrie

2005 Hurricane Katrina Emergency Medical/Psychiatric

San Francisco EMI Relocation Team

2005 - now Project Homeless Connect: Emergency Medical/Psychiatric

Provider on-site at triage and medical location

2005 KTVU San Francisco Channel 2 10 O’clock News

Television interview: Innovative new program to help mentally ill. Claudine Wong reports, Broadcast 11/16.

2006 **Senior Psychiatric Consultant / Advisor**, FALLING

Feature length documentary on affected by persons attempting or committing suicide off Golden Gate Bridge. Producer Eric Steel’s producer of: ANGELA’S ASHES, BRINGING OUT THE DEAD, MARVIN’S ROOM, WONDER BOYS, THE HOURS

2007 Beyond Chron, daily newsletter, “Public Protests Agonizing Health Care Budget Cuts” quoting **R.M. Patel** during Board of Supervisors meeting

2009 *Crossing phobias rise after Bay Bridge repairs.* Interview

Article by Sarah Adler, Special to SF Chronicle SF Gate 11/23/09

2012 “Brainstorms: Richard Patel, M.D.”Interview *Specious Species* iss.5, 2012

2016 Roll Over Easy, radio show “San Francisco General and Community Psychiatry with Dr. Rick” BFF.FM webcast/radio May 19, 2016

2017 Roll Over Easy, radio show “Humor is Good Medicine, with Dr. Rick” BFF.FM webcast/radio <http://bff.fm/broadcasts/11960> 10/12/2017

2017 Occupy Health, radio show “The Health Benefits of Humor and Laughter” VoiceAmerica webcast/radio voiceamerica.com 11/28/17

2018 CA Worker’s Comp Pod Cast/RateFast: The Opioid Crisis, Use verses Dependence: an Expert’s Perspective. <http://blog.rate-fast.com> 06/25/2018

2018 Roll Over Easy, radio show “Advances in Treating the Homeless Mentally Ill, with Dr. Rick” BFF.FM webcast/radio <http://bff.fm/broadcasts/> 9/6/18

2019 Roll Over Easy, radio show “San Francisco Homeless Mental Health, with Dr. Rick” BFF.FM webcast/radio <http://bff.fm/broadcasts/> 9/12/19

2020 Roll Over Easy, radio show “Covid-19’s Effect on Community Mental Health, with Dr. Rick” BFF.FM webcast/radio <http://bff.fm/broadcasts/> 5/7/20

2020 Mr. Salsa, radio show “Family coping during Covid-19 pandemic and shelter in place” KKUP webcast/radio <https://kkup.org> 12/13/20

2021 Roll Over Easy, radio show “Update: Covid effects on Community Mental Health” BFF.FM webcast/radio <http://bff.fm/broadcasts/> 9/2/21

**PUBLICATIONS**

**R. M. Patel**. Ethanol's Effect on Human Vigilance During a Simple Task in the Presence of an Auditory Stressor. Psychological Reports, 1988, 63, 363‑366.

J.D. Shoemaker, **R.M. Patel**, W.H. Elliott. Quantization of Sixty‑Four Metabolites by Gas Chromatography/Mass Spectrometry after Amino Acid Loading in Humans. 1990 F.A.S.E.B. Abstracts. Presented at annual F.A.S.E.B. convention in Washington D.C., March 24 ‑ 26, 1990.

**R.M. Patel.** Selective Serotonin Reuptake Inhibitors in the Treatment of Geriatric versus adult depression: A Comprehensive Literature Analysis. A.C.N.P.P. Abstracts. Presented at 33rd annual A.C.N.P.P. conference in San Juan, Puerto Rico December 12 ‑16, 1993.

**R.M. Patel.** Small Perfect Circles. Journal of the American Medical Association, 270, 21, 2618, Dec. 1, 1993. Reprinted: Stanford Medical Journal, Spring 1994, p. 9,32. Bioethical exploration of treatment of death and dying.

**R.M. Patel** & G.T. Grossberg. The Use of Selective Serotonin Reuptake Inhibitors in Geriatric Depression: a review of the literature. Reviews in Clinical Gerontology; 5: 491‑504, 1995.

**R.M. Patel.** Mental Vaccinations: Psychiatry's Attempts to Prevent Mental Illness. Stanford Medical Journal, 12:2, 10‑11. 1995.

**R.M. Patel.**  Clinical comparison of selective serotonin reuptake inhibitors in the treatment of geriatric depression: a review of literature. Reviews in Clinical Gerontology, 10; 349-373, 2000.

Glick ID, Berman EM, Clarkin JF, Rait DS, (ed) **Patel RM** Textbook of Marital and Family Therapy, 4th ed. American Psychiatric Press, inc., Washington D.C. 2000.

**R.M. Patel.** "Family Life in Historical and Sociological Perspective" Chapter 2 in Textbook of Marital and Family Therapy, 4th ed. American Psychiatric Press, inc., Washington D.C. 2000.

**R.M. Patel.** "Separation and Divorce" Chapter 21 in Textbook of Marital and Family Therapy, 4th ed. American Psychiatric Press, inc., Washington D.C. 2000.

**R.M. Patel.** Healthcare’s Cyberfuture:a Carnival of Promises and Prevarications: The Practice of Medicine on the Internet, Health Care J On Line*: www.HCJO.com.* 1:1, 3-5, 2000.

**R.M. Patel.** Beginning the interview. Interventions: SFSU newsletter; fall 2000

**PUBLICATIONS cont**

**R.M. Patel.** How the Internet is altering medical journalism and education: a survey and discussion. Acad Psychiatry 25:3, 2001.

E.R. Kessell, **R.M. Patel,** M. Shumway, G.J. Unick. Involuntary Admissions to Psychiatric Emergency Services: Role of the San Francisco Police Department and Mental Health Board Training. Report to the SF Mental Health Board June 5, 2006

S Hicks, J Alvidrez, **R.M. Patel.**  Hospital or Home: Ethnic Differences in Disposition from Psychiatric Emergency Service: Presented at UCSF/SFGH/DPH Meeting 2007

**R.M. Patel.** "Crisis Residential Settings" Chapter 34 in Emergency Psychiatry: Principles and Practice Lippincott Williams & Wilkins Press, Inc. 393-412, 2008

**R.M. Patel,** R. Miller. Crisis Phone Manuel & Medical Advocacy Information

Counselor training manual for San Francisco Women Against Rape (SFWAR) 2008

**R.M. Patel,** R. Miller. **Psychological Poems** Journal of Outsider Poetry, Endeavor Press/Roadbump Publishing, issue I, 2009

**R.M. Patel. Psychological Poems** Journal of Outsider Poetry, Endeavor

Press/Roadbump Publishing, issue II, 2011

**R.M. Patel,** R. Miller. When a patient presents with a present: quantitative and qualitative assessment of gifts given to psychiatrists, *Ethical Human Psychology and Psychiatry* 13:3, 209-228, 2012

**R.M. Patel. Psychological Poems** Journal of Outsider Poetry, Endeavor

Press/Roadbump Publishing, issue III, 2013

**R.M. Patel. Psychological Poems** Journal of Outsider Poetry, Endeavor

Press/Roadbump Publishing, issue IV, 2016

**R.M. Patel, Alexander M. Patel,** *P.P.’s Anti-Joke Book & Brief History of Humor*: non-fictional survey of the evolutionary, neurobiological, psychological, sociological, and historical foundations of laughter and humor. 174 pages. In Press, 2017

**R.M. Patel. Psychological Poems** Journal of Outsider Poetry, Roadbump

Press & Publishing, issue V, 2019

**R.M. Patel. Psychological Poems** Journal of Outsider Poetry, Roadbump

Press & Publishing, issue VI, 2021

**CREATIVE WRITING & OTHER ENDEAVORS** \*

**Music.** Multiple albums,featured with local recording artists: piano, organ, percussion.

**Poetry Anthology 2002**, Stanford University (1st runner up)“Piloting with Down’s”

**Editor SLUNOPOLY** 1991, a yearly publication of SLUSM. SLUNOPOLY, a medical student guide to enjoying life in St. Louis, MO. (86 pages, circ. 1000).

**Columnist**, **SLU News Features page**. Subjects researched: minority student enrollment, psychiatric care for physically disabled, geriatrics, legal & ethical issues in the medical profession, et al. (1991- 93).

**School of Science Correspondent SFSU News (The GATOR)**, wrote/edited articles highlighting SFSU's scientific research (1988-89)

**Book Reviewer, JAMA & The New Physician** (complete list upon request)

**Editor in Chief, Psychological Poems** Journal of Outsider Poetry, Endeavor Press/Roadbump Publishing, issue I, 2009; issue 2, 2011; issue 3, 2013; issue 4, 2016

**Photographic Model** Physician Professional Website *OppSync*

**PADI Certified Advanced Scuba Diver**

\* Short works, music CDs, DVDs, interviews and poems in American literary journals

(Complete list provided upon request)